



SUMMER CAMP SUPPLY GUIDE:
RECOMMENDED ITEMS

Thoughtfully Chosen Items to Support Your Child's Summer Camp Experience

Each item was selected for durability, ease of use, and success in both indoor and outdoor environments, supporting independence and participation throughout the day.

You are welcome to use items you already have; this guide simply offers a convenient, stress-free summer prep resource based on supplies that have worked well for RMA campers in the past.

Browse the recommended items below, to shop individually, or add everything to your cart at once, whatever works best for your family!

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WATER BOTTLES

A sturdy, spill-proof water bottle is essential for busy camp days and hydration.



We recommend water bottles that are easy for children to open independently, minimize spills, and are durable for daily use indoors and outdoors. Check out the links below, there are multiple color options!

Water Bottle Recommendations

YETI Rambler Jr. **12 oz Bottle**	
• Extremely durable & built to last • Keeps water cold for hours • Easy to clean	See Item

Owala Kids FreeSip **16 oz Bottle**	
• Straw or sip option • Locking, leak-resistant lid • Larger size = fewer refills	See Item

BrüMate Leap **12 oz Tumbler**	
• 100% leakproof lid • Protective silicone sleeve • Easy-carry handle	See Item

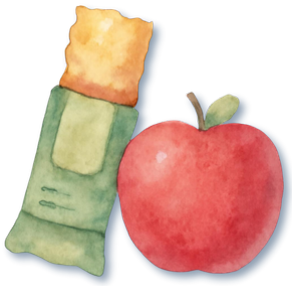
Simple Modern **14 oz Bottle**	
• Lightweight & easy to hold • Keeps water cold • Budget-friendly option	See Item

Contigo Kids **13 oz Bottle**	
• One-touch button • Spill-resistant straw • Compact and portable	See Item

Hydro Flask **12 oz Bottle**	
• Excellent insulation • Soft, easy-use straw • Durable finish for grip	See Item



SNACKS



Snacks help keep campers fueled.

Families may visit our website resources page titled **"Nutritious Foods for School Guide"** *for more ideas. Fresh fruit, vegetables, etc. are always wonderful choices!* For convenience, we suggest easy-to-open options your child enjoys and can manage independently.

Snack Recommendations

Fruit-Based Snacks **Minimal Ingredients**	
Snack	**Link**
ONETANG Freeze-Dried Mixed Fruit	See Item
Nature's Turn Freeze-Dried Fruit Crisps	See Item
Brothers All Natural Freeze-Dried Fruit Crisps	See Item
Bare Baked Crunchy Apple Chips	See Item
Bare Simply Banana Chips	See Item
BEAR Real Fruit Snack Rolls (Strawberry/Raspberry)	See Item
That's It Fruit Bars	See Item
Noka Superfood Smoothie Pouches	See Item
Once Upon a Farm Soft Baked Bars	See Item





Bars & Granola **Whole Food Focused**	
Snack	**Link**
LÄRABAR Fruit & Nut Bars	See Item
Skout Organic Kids Bars	See Item
GoMacro Bars	See Item
RXBAR Minis	See Item
MadeGood Granola Bites	See Item
Bobo's Oat Bars & Bites	See Item
Purely Elizabeth Ancient Grain Granola	See Item

SNACKS

Snack Recommendations

Veggie & Plant-Based Snacks **Minimal Ingredients**	
Snack	**Link**
CauliPuffs	See Item
HIPPEAS Chickpea Puffs	See Item
Super Natural Pressed Veggie Crisps	See Item
Cauliflower Bites	See Item

Protein Snacks **Whole Food Focused**	
Snack	**Link**
Chomps Grass-Fed Beef Sticks	See Item
Mission Meats Kids Beef Sticks	See Item
365 Organic Omega-3 Trail Mix	See Item

Cracker Options **Minimal Ingredients**	
Snack	**Link**
Simple Mills Almond Flour Crackers	See Item
Simple Mills Sweet Thins	See Item
Maine Crisp Maple Currant Crisps	See Item

DAILY LUNCH



Please send a daily lunch with an ice pack to keep items fresh.

Choosing a lunch bag and container that is easy to open supports independence and smooth transitions at mealtime. Utensils and milk are provided at school.

Lunch Bag Recommendations

Bentgo Kids Lunch Bag **Multiple Color Options**	
• Double-insulated • Easy-clean, water-resistant • Sized for Bentgo containers	See Item



FlowFly Kids Double Decker Lunch Bag **Multiple Color Options**	
• Compartments for organization • Insulated interior • Adjustable strap for carrying	See Item



Opux Premium Insulated Kids Lunch Box **Multiple Color Options**	
• Reusable & insulated • Clip-on buckle • Simple design for easy access	See Item

FlowFly Kids Mini Insulated Lunch Bag **Multiple Color Options**	
• Lightweight & compact • Easy zipper closure • Durable for daily use	See Item

DAILY LUNCH

Lunch Containers & Bento Boxes Recommendations

Stainless Steel Containers	
SEUOX Stainless Steel Containers	See Item
SOPHICO Stainless Steel Containers (compartments)	See Item

Round Food Storage Containers	
KIGI Containers	See Item
UMETASS Containers	See Item
AWTBDP Containers	See Item



Food Storage Containers Sets	
OXO 12-Piece Container Set	See Item
Rubbermaid 24-Piece Container Set	See Item
Rubbermaid 60-Piece Container Set	See Item



Bentgo Kids 5-Compartment Bento Multiple Color & Pattern Options	
• Leak-proof compartments • Dishwasher safe & BPA-free • Used for cold lunches only	See Item

PlanetBox Rover Stainless Steel Bento Stainless Steel Bento Box	
• Dishwasher safe • Long-lasting & eco-friendly • Used for cold lunches only	See Item

Ice Pack Recommendations

Cool Coolers By Fit & Fresh (4-Pack)	
• Non-toxic & BPA free • Reusable & long lasting	See Item

Bentgo Ice Lunch Chillers (4-Pack)	
• Reusable & easy to clean • Food-grade safe	See Item



WIPES

We use wipes daily for toileting, messy play, and quick clean-ups.



A full new pack helps us stay stocked and ready to support your child's comfort, hygiene, and thorough clean-up throughout the day.

Wipe Recommendations

Huggies Natural Care Sensitive Baby Wipes	
• Fragrance-free • Hypoallergenic & gentle	See Item

Honest Company Hypoallergenic Wipes	
• Soft & durable • Gentle for sensitive skin	See Item

Pampers Baby Wipes	
• Soft & durable • Gentle and hypoallergenic	See Item

PULL-UPS

If your child is not yet potty-trained, please send a full pack of pull-ups clearly labeled with your child's name.

Having extras on hand helps us support children comfortably throughout the day.



Pull-up Recommendations

Pull-Ups Potty Training Pants **3T-4T Boys and Girls**	
• Absorbent and soft • Comfortable fit • Designed for independence • Easy transition to underwear	See Item Pull-Ups Girls Training Pants
	See Item Pull-Ups Boys Training Pants

The Honest Company Training Pants **2T/3T Clean Conscious**	
• Hypoallergenic & fragrance-free • Great for sensitive skin	See Item

Pampers Easy Ups Training Pants **3T-4T Training Pants**	
• Easy up-and-down design • Secure, comfortable fit	See Item

SWIMSUITS



Swimsuits are needed for water days.

We recommend easy-on styles that children can manage independently. For added sun safety, we strongly encourage swimsuits with swim shirts (rash guards) for additional sun protection and comfort during outdoor activities. Below are a few suggested styles as helpful ideas!

Swimsuit Recommendations

Girls Options **Variety of different sizes & colors**	
Swimsuits	**Link**
SwimZip Short Sleeve Rash Guard Set	See Item
SwimZip Ruffle One-Piece	See Item
Swimsobo 3-Piece Rash Guard Set	See Item
SwimZip Baby Rash Guard Set	See Item
UMELOK Short Sleeve Rash Guard Set	See Item
UMELOK Toddler Rash Guard Set	See Item

Boy Options **Variety of different sizes & colors**	
Swimsuits	**Link**
SwimZip Long Sleeve Set	See Item
Simple Joys by Carter's Set	See Item
SwimZip Short Sleeve Set	See Item
UV SKINZ 3-Piece Set	See Item
Two-Piece Rash Guard Set	See Item
The Children's Place Rash Guard Set	See Item

WATER SHOES



Water Shoes or Crocs, required to have a back.

Secure footwear is important for safety and comfort. Shoes with a back stay on during active play and allow children to move confidently during water and outdoor activities.

Water Shoe Recommendations

Crocs Kid's Classic Clog **Variety of different sizes & colors**	
• Easy on/off • Waterproof & washable • Comfortable for all-day wear	See Item

DREAM PAIRS Athletic Water Sandals **Variety of different sizes & colors**	
• Secure back strap • Breathable quick-dry material • Good for outdoor play	See Item

DREAM PAIRS Closed-Toe Water Sandals **Variety of different sizes & colors**	
• Adjustable straps • Protective closed toe • Durable for outdoor play	See Item

FEETCITY Aqua Water Shoes **Variety of different sizes & colors**	
• Lightweight & flexible • Quick-drying fabric • Non-slip sole	See Item

TOWEL



A towel is used for water play & picnic days.

Lightweight, child-sized, and quick-dry styles work best. Hooded towels are especially helpful to prevent dragging.

Towel Recommendations

Kids Hooded Beach Towel **Multiple color & pattern options**	
• Hood keeps towel in place • Large for growing children • Soft, absorbent cotton	See Item

Gealaek 100% Cotton Hooded Towel **Multiple color & pattern options**	
• Wearable design • Thick, absorbent cotton • Easy for independent drying	See Item

BAG FOR SUMMER ATTIRE



A dedicated summer bag helps keep water items, such as swimsuit, towel, water shoes, etc. organized and separate.

Choose a lightweight, easy-open bag that can hang in a locker for simple access and independent use.

Summer Attire Bag Recommendations

WANDF Drawstring Backpack Variety of different colors	
• Lightweight & hang in locker • Water-resistant	See Item

WANDF Mesh Swim Drawstring Backpack Variety of different colors	
• Mesh & easy drawstring closure • Separate wet pocket - swimsuits	See Item

Drawstring Mesh Backpack Variety of different colors	
• Mesh design • Multiple pockets	See Item





Nidoul Mesh Drawstring Bag Variety of different colors	
• Breathable mesh body • Easy for children to open/close	See Item

Swim Mesh Beach Bag Drawstring Variety of different colors	
• Quick-dry mesh material • Lightweight	See Item

SLEEPING BAG



Each student is asked to bring a sleeping bag for rest time during summer camp.

A sleeping bag helps create a cozy, familiar rest space during naps and quiet times. Compact, easy-to-roll options are ideal for independence and daily use.

Sleeping Bag Recommendations

Moonsea Nap Mat **Multiple Color Options**	
• Easy to roll • Lightweight • Machine washable	See Item

Primlect Nap Mat **Multiple Color Options**	
• Thick padding for comfort • Removable pillow for washing • Larger size for growing children	See Item





ACRABROS Nap Mat **Multiple Color Options**	
• Rolls up compactly • All-in-one design • Lightweight & easy to carry	See Item

Urban Cot Nap Mat **Multiple Color Options**	
• Thick cushioning for comfort • Built-in carrying straps • Roll-up design	See Item

BUG SPRAY

Bug spray needs to be age-appropriate, and child-safe.



Bug spray helps protect children from mosquito and insect during outdoor play. Apply at home before camp; always follow label instructions for age and usage.

Bug Spray Recommendations

Badger Family Friendly Bug Spray	
• DEET Free Repellent • Safe for babies over 6 months & young children • All natural, vegan plant based	See Item

California Baby Natural Bug Spray	
• DEET Free Repellent • Safe for babies over 6 months & young children • Gentle on sensitive skin	See Item

YAYA Organics Natural Bug Spray	
• DEET Free Repellent • Safe for babies over 6 months & young children • Eco-friendly & 100% plant based	See Item

LOTION SUNSCREEN



Please send lotion sunscreen only, clearly labeled with your child's name.

Lotion allows for safer indoor application and helps ensure even coverage, especially for children sensitive to sprays.

Sunscreen Recommendations

Blue Lizard Mineral Sunscreen **SPF 50**	
• 100% mineral active ingredients • Fragrance-free & water resistant • Easy face application • Great for sensitive skin	See Item (Lotion)
	See Item (Stick)



Badger Mineral Kids Sunscreen **Mineral Sunscreen**	
• Hypoallergenic and unscented • Water resistant & reef safe	See Item (SPF 50 Lotion)
• 97% organic ingredients • Travel-friendly & reef safe	See Item (SPF 35 Stick)



Babo Botanicals Sheer Mineral Sunscreen **SPF 50 Lotion**	
• Lightweight mineral formula • Designed for sensitive skin	See Item

Banana Boat Mineral Kids Sunscreen **SPF 50 Lotion**	
• Reliable everyday protection • Oxybenzone free	See Item

Neutrogena Sheer Zinc Oxide Kids Mineral Sunscreen **SPF 50 Lotion**	
• Tear-free formula • Broad spectrum UVA/UVB protection	See Item

HATS & SUNGLASSES

Sun protection helps keep campers comfortable during outdoor play.

Hats and sunglasses provide shade during sunny summer days. Below are a few example options for summer camp.



Hat Recommendations

SwimZip UPF 50+ Wide Brim Sun Hat **Multiple sizes & color options**	
• Wide brim for full face coverage • Lightweight & secure fit	See Item

UPF 50+ Bucket Hat **Multiple sizes & color options**	
• Wide brim & breathable fabric • Adjustable fit for growing children	See Item

UPF 50+ Outdoor Play Hat **Multiple sizes & color options**	
• Lightweight for daily wear • Comfortable for active play	See Item

Sunglasses Recommendations

Babiators Original Kids Sunglasses **Multiple sizes & color options**	
• 100% UV protection • Flexible, durable frames for kids	See Item

RIVBOS Polarized Kids Sunglasses **Multiple size & color options**	
• UV protection & comes with straps • Flexible rubber for active kids	See Item



PAPER PLATES



Each student is asked to bring a full, unopened pack(s) of sturdy paper plates for summer camp.

We use them daily for snacks, lunches, and special activities! Thicker, sturdier plates hold up better to outdoor lunches, messy activities, and allow children to carry their plates independently.

Paper Plate Recommendations

Dixie Medium Paper Plates **8.5 Inch, 90 count**	
• Strong & soak-proof • Microwave safe • Durable for outdoor camp use	See Item



Concession Essentials Paper Plates **9 Inch, 200 count**	
• Larger size • Budget-friendly bulk option • Simple, sturdy design	See Item



Amazon Basics Everyday Paper Plates **8.62 Inch, 100 count**	
• Reliable thickness • Works for snack & craft use	See Item

Gezond 100% Compostable Paper Plates **7 Inch, 150 count**	
• Eco-friendly & compostable • Heavy-duty	See Item

BUBBLES

We use bubbles regularly during outdoor play and movement activities.

Bubbles add joy to outdoor play and support breath control, coordination, and shared outdoor fun. Sturdy containers help reduce spills during play.



Bubble Recommendations

Sunny Days Entertainment Bubbles **Bubbles Solution Refill**	
• Large refill size • Includes wand	See Item

Fubbles Little Kids Bubbles **64 oz Bubbles**	
• Non-toxic formula • Made in the USA	See Item

Kidzlane Bubble Solution **67 oz Bubble Refill**	
• Easy-grip bottle • Great for wands & bubble machines	See Item

MODELING CLAY

Modeling clay supports creativity, fine motor development, and imaginative play.

We recommend soft, reusable clay that is easy for small hands to manipulate.



Modeling Clay Recommendations

CRA-Z-Art Modeling Clay **Clay Pack**	
• Bright, vibrant colors • Easy to shape and blend	See Item

ESSENSON Magic Clay **24 Colors, Air Dry**	
• Wide variety of colors • Air dries for lasting creations	See Item

Extra Soft Kids Modeling Clay **10 Pack, Reusable**	
• Very soft for children • Reusable and non-toxic	See Item

PLAY-DOH



Play-Doh is a classroom favorite for open-ended creativity.

Familiar materials help children settle in quickly and engage confidently in work and play.

Play-Doh Recommendations

Play-Doh Favorite Color Set **9 Pack**	
• Assorted popular colors • Great starter set	See Item

Play-Doh Modeling Compound **10-Pack**	
• Classic colors • Non-toxic and easy to store	See Item

Play-Doh Jewel Colors **12-Pack**	
• Bright, bold colors • Larger cans	See Item



Hasbro Play-Doh **4-Pack**	
• Simple and affordable option • Perfect for classroom supply	See Item

Play-Doh Modeling Compound **24-Pack**	
• Bulk option for sharing • Wide variety of colors	See Item

CHALK



Bright, washable chalk works best for summer exploration.

Sidewalk chalk is used for outdoor art and large-movement creativity.

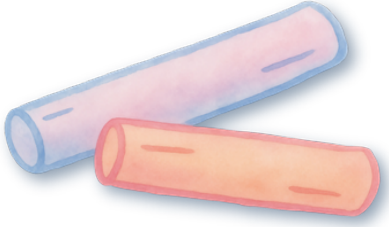
Chalk Recommendations

Crayola Ultimate Washable Chalk **64ct Chalk Collection**	
• Trusted brand quality • Large variety of colors	See Item

Non-Toxic Sidewalk Chalk Bucket **24ct Chalk Bucket**	
• Easy storage bucket • Washable & child-friendly	See Item

Sidewalk Chalk Washable & Non-Toxic **52ct Chalk Set**	
• Jumbo size • Multiple bright colors	See Item





Colorations Sidewalk Chalk **50ct Chalk Set**	
• Bold, vibrant colors • Great for group use	See Item

J-hong Washable Sidewalk Chalk **52ct Chalk Set**	
• Jumbo pieces • Washable for outdoor use	See Item

BACKPACK



Backpacks are optional for summer camp.

A comfortable backpack helps your child carry their daily camp items independently. It keeps all belongings organized, accessible, and neatly stored in their locker.

Chalk Recommendations

Lands' End Medium ClassMate Backpack **Multiple color & pattern options**	
• Lightweight & durable • Multiple pockets	See Item

JanSport SuperBreak One Backpack **Multiple color & pattern options**	
• Strong, long-lasting design • Multiple compartments	See Item





STEAMEDBUN Backpack **Multiple color & pattern options**	
• Lightweight & easy to carry • Design for independence	See Item

VASCHY Backpack with Chest Strap **Multiple color & pattern options**	
• Chest strap for stability • Great size for preschoolers	See Item

Water-Resistant Kids Backpack **Multiple color & pattern options**	
• Ideal for elementary students • Fun, easy-to-spot designs	See Item